

SDO[®]

Sensory Dynamic Orthosis

SDO Theory, Clinical Application & Measuring

Venue: Radisson BLU Hotel, Donnington 1 Conference Room, East Midlands Airport Pegasus
Business Park, Herald Way, Derby DE74 2TZ

Facilitator: Chantelle Reeve SDO Clinical Specialist
BSc Sports Therapy , MSc Physiotherapy

Agenda

Date: 2nd December Time: 09:00 - 16:30

- 09:00 - 09:15 Introduction, Welcome, Overview of the day
- 09:15 - 09:30 Introduction & Why Lycra?
- 09:30 - 10:30 Clinical Application of SDO, Evidence & Case Studies
- 10:30 - 10:45 Tea Break
- 10:45 - 11:30 Reinforcement panels & understanding why they are used
(small group work)
- 11:30 - 12:30 Measuring Theory & Measuring forms
- 12:30 - 13:15 Lunch Break
- 13:15 - 14:30 Practical Measuring Demo & Practice
- 14:30 - 14:45 Tea Break
- 14:45 - 15:45 Group Case Study
- 15:45 - 16:15 Measure Practice, Q & A's
- 16:15 - 16:30 Summary & Evaluation