

SDO®

Sensory Dynamic Orthosis

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With Medigarments Ltd, Long Eaton, Nottingham

SDO® Training Courses



9th September, 2025 - East Midlands
Time: 9am - 4pm
SDO Theory, Clinical Application & Measuring

Learn how to effectively assess and measure your patients to prescribe SDO® Original and gain the best outcomes for your patients with neurological conditions.

This training introduces you to The World of SDO® and provides you with insight of how SDO® can be used in your therapy and rehabilitation programmes, to improve posture, proprioception, movement, and function. You will learn how to identify specific patient needs and how to pick the optimal choice of reinforcement panels to suit each individual patient.

This intensive one day course will be delivered by one of our customer clinical support where we cover the practicality of our garments, their construction and dive into design variations.

A one-stop workshop to include clinical theory, prescription methods, case studies and proficiency for measuring for the SDO® Original.

The course fee is £ 300 with lunch and refreshments included. This course is number 1 & 2 from our 5 levels of training we offer, please apply to secure your place on the above course.

Register here: www.jobskin.co.uk/training-courses



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1

Introduction to Medigarments & SDO

This training will introduce you to our company and our product ranges and will be the first step to understanding how dynamic Lycra® works. Learn how SDO can improve your patient outcomes and work alongside your rehabilitation programmes. You will be able to identify which patients/conditions can benefit from SDO and how to assess a patient's suitability for SDO with our SDO Lite assessment range.

2

SDO Theory, Clinical Application & Measuring

Learning how to effectively assess and measure your patients to prescribe SDO Original and gain the best outcomes for your patients with neurological conditions.

This training introduces you to the world of SDO and allows you to understand how SDO can be used in your therapy and rehabilitation programmes, to improve posture, proprioception, movement, and function. You will learn how to identify specific patient needs and how to pick the optimal choice of reinforcement panels to suit each individual patient.

3

SDO Competency Certification

In this session you will apply previously learned skills and theory to a clinical context by independently measuring and assessing for an SDO. Together we will look at design principles and patient specific needs to best suit the patient. We will also identify any points for refinement and develop a platform from which you will develop your confidence and proficiency for prescribing the SDO.

4

SDO Scoliosis

SDO plays an important role in the management of neuromuscular scoliosis. This training provides in depth information on the understanding of neuromuscular scoliosis and how SDO benefits patients with this condition. We will look at different case studies, learn how to identify specific patient needs and how to pick the optimal choice of reinforcement panels to suit each individual patient.

5

SDO Refresher Training

This training is for clinicians who have already undertaken our measuring and prescription training and are looking to refresh their knowledge and improve their confidence on how to prescribe and measure for an SDO.